

2022/23 Getting Active Movement Additional Funding - Guidance & FAQs

FAQ's – please contact sports@londonyouth.org if you have a question that is not answered in this guidance.

How do you define underserved young people?

In this context, 'underserved' should be understood as young people who:

- are at risk or already involved or affected by youth violence
- have special education needs; are deaf or have other physical or learning difficulties
- have been or are excluded from school or college
- are not in education, employment or training
- have or are associated with gangs or impacted by exploitation
- are experiencing or have been impacted by domestic violence or abuse; refugees and asylum seekers
- have a social worker
- come from low-income families and those living in poverty
- are less active or inactive.

I'm a London Youth member and I am currently delivering on the Getting Active Movement (2022/23); can I apply for this funding?

Yes. This funding is available to expand your current weekly offer, provide summer holiday opportunities and cost of living support to your organisation.

To be eligible for one of the x20 grants, you need to demonstrate:

- You can deliver an additional two sessions per week between March – June 2023 (on-top of the current one funded), and at least one of these must be on a Friday, Saturday or Sunday
- You can deliver 40 hours of summer activity/sport sessions
- You are focused on supporting underserved young people

And, remember, we also have a wide range of capacity building support available via our:

- [LYSports Whatsapp Group](#) for youth professionals (register via the link)
- LY Sports newsletter containing opportunities, funding and training (email sports@londonyouth.org to be added to this)
- Youth worker and young leader training
- London Youth Sports Network delivered quarterly and in-person, focusing on different themes
- Sports events, festivals and taster sessions during school holidays

Can you tell us more about the outcomes?

The outcomes are grounded in the impact we (as a collective movement) want to achieve for young Londoners, frontline youth workers and grassroots community youth organisations. Below outlines the headline areas we are looking to impact based on the evidence and learnings to date.

Young Londoners are physically and emotionally well

- Improved physical activity
- Improved mental health and wellbeing

Young Londoners have skills, knowledge and networks to identify and work towards career goals

- Improved access to opportunities
- Improved skills

Young Londoners are inspired and enabled to make contributions to communities

- Improved connections to others
- More empowered to take leadership roles

Capacity Building the youth sector (organisations and people)

- Increased capacity and resilience of youth organisations
- Increased reach into communities
- Improved practice
- New partnerships

Can you tell us more about how our application will be reviewed?

We will be scoring each application on three key questions, Need, Delivery and Impact.

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| Excellent | 5 | <i>The NEED, DELIVERY and IMPACT are extremely clear and well evidenced in terms of using youth work, sport and physical activity to lead more active, happy and healthy lives.</i> |
| Good | 3 - 4 | <i>The NEED, DELIVERY and IMPACT are general, but can still be understood in terms of using youth work, sport and physical activity to lead more active, happy and healthy lives.</i> |
| Average | 1 - 2 | <i>The NEED, DELIVERY and IMPACT are unclear and further information is needed in terms of using youth work, sport and physical activity to lead more active, happy and healthy lives.</i> |
| Poor | 0 | <i>The NEED, DELIVERY and IMPACT is not explained whatsoever in terms of using youth work, sport and physical activity to support the key target audiences to lead more active, happy and healthy lives.</i> |

What activities do you consider as Sport and Physical Activity?

We recognise sport and physical activities that are included [in this extensive list](#), as well as activities that are dance, exercise and movement based.

Is there a certain number of young people my project needs to reach?

We are looking for organisations to engage 50 young people (a combination of weekly and summer sessions). These should be unique to the young people already being supported through the Getting Active Movement weekly sessions. We recognise they will not all be at every session and attendance levels will vary.

What age group can we work with?

For this additional Getting Active Movement support, you are able to work across different age categories (8 – 13’s, 14 – 19’s, and 20 – 25’s). What you decide is up to you as we are focused on supporting local need.

Is there a certain number of sessions my project needs to deliver?

We are looking for organisations to deliver:

- an additional two weekly sessions, each being a minimum of one hour over a 12-week period (one of these sessions must be delivered on a Friday, Saturday, or Sunday)
- 40 hours of summer sport activity

If your current Getting Active session is already on a Friday, Saturday or Sunday, then you can use this funding to support sessions on other days in the week.

We recognise not all organisation delivery models will allow for this so will consider alternative structures on a case-by-case basis. Please consider speaking to us before applying, and/or outlining clearly in your application why you are proposing a different approach (e.g – Ramadan starts on

22nd March so we will provide more low-intensive activities during this period and re-start sports activities from Thursday 20th April).

How much funding is available and what can we use it for?

We have x20 £4080 grants available. The grant can support all areas of your project delivery, from staff costs to facility hire, to monitoring and evaluation. As youth work experts, we trust your judgement on this to utilise the funding to be most effective. You can use this funding as a match alongside other investments you have or are trying to secure.

You can also use part of the grant as cost-of-living support for your organisation to cover things such as, but not limited to - staff costs, utility bills, facility repairs, wrap around support for young people

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| £2,580 | Sport & Physical Activity Sessions | Delivery of an additional two sports and physical activity sessions per week – one of which should be delivered on a Friday, Saturday, or Sunday, for 12 weeks from March to June 2023 |
| | | Delivery of 40 hours of summer sport activity |
| £1,500 | Cost of Living Support | Cost of living support for your organisation (e.g. staff costs, utility bills, facility repairs, wrap around support for young people) |

Can I apply for more than one grant?

We recognise that funding and resources in the youth sector are tight. However, because we have 100 member organisations part of the Getting Active Movement, we are focused on providing 20 individual organisations with support rather than multiple investments to one organisation to work in different boroughs.

Can we partner with another youth organisation to deliver this programme?

Yes - you are welcome to work with another organisation, but we will only be able to offer you up to £4080 of funding (see above for the ability to use this as match should you consider a partnership approach).

Can we take a hybrid approach to programme delivery (on and offline)?

Our preference is for in-person delivery. We will though consider hybrid approaches on a case-by-case basis should the young people you want to support require this approach.

What are the Monitoring, Evaluation and Learning (MEL) requirements?

We are working with the external evaluator Shepherd and Moyes on this programme. We have worked with them on other programmes, and they have a good understanding of London Youth, our members and youth work across London.

To reflect the size of the grant, and all organisation’s wider capacity, we will only be asking for the following:

- Adding the additional weekly sessions, summer delivery, and young people engaged to your current Getting Active Movement register (demographic details, session attendance, baseline and endpoint activity levels, and key qualitative highlights)
- A young people experience survey for 10 young people per organisation to complete

- A youth worker experience survey per organisation to complete and/or attend x1 share and learn session