

## Background

Building on our previous work to increase participation in sport and physical activity, we want to understand how sport can be used as tool in youth work to ensure young people are physically and emotionally well, have the skills, knowledge, and networks to work towards career goals, and are inspired and enabled to make positive contributions to their communities. We acknowledge that our members are the experts in their communities, so we hope to learn from you what structures and approaches work best to support young people in your communities. These learnings will inform our future Sport for Development approach.

## Structure

This Sport for Development grant is designed to allow you to test an idea or expand on a pilot you may have tried already that uses physical activity to address wider issues, using this as a learning opportunity to understand what works and what doesn't, and why.

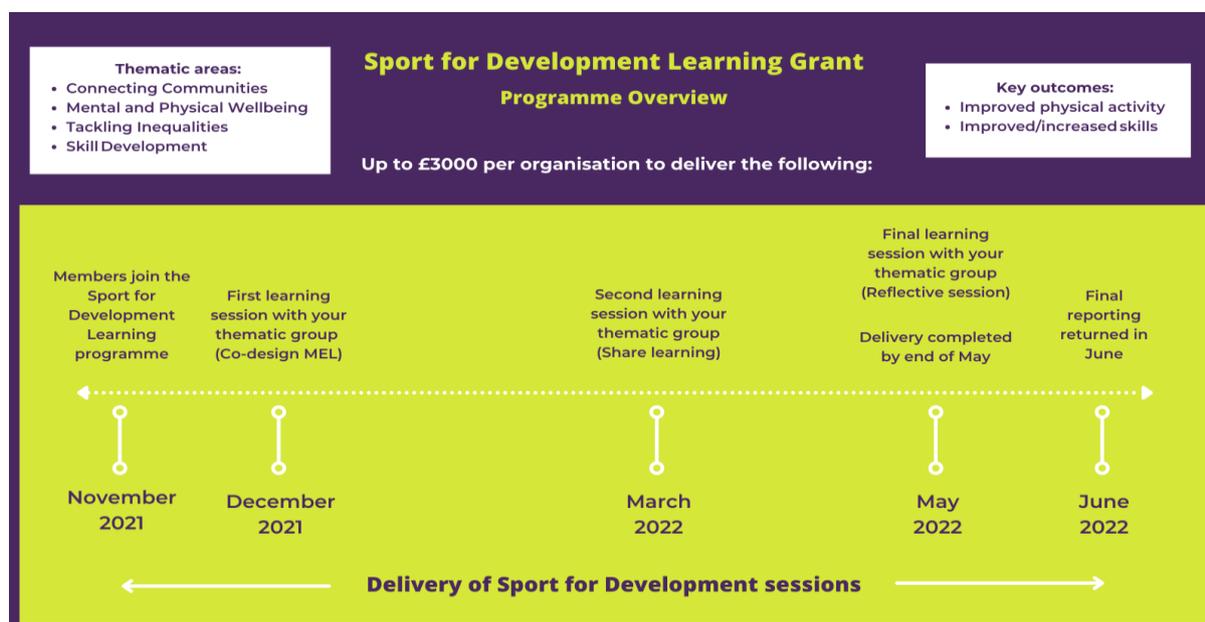
We want to give you the space to explore these ideas, so the grant does not have set targets or guidelines in terms of the issue your project aims to address, the age or background of the young people you are working with, or the structure of the delivery.

Because we anticipate a broad range of projects, we have created four themes your project can use physical activity as a tool to focus on:

- Connecting Communities
- Mental and Physical Wellbeing
- Tackling Inequalities
- Skill Development

While there are no specific targets to meet, all projects are required to demonstrate how they work to achieve the two following key outcomes:

- Improved physical activity
- Improved/increased skills (technical skills via an accreditation or qualification and/or essential skills such as communication and leadership)



## **Grant and Monitoring, Evaluation and Learning (MEL) Requirements**

This grant is learning-centred, and therefore requires a time commitment to MEL which should be reflected in your budget outline in your application (please include overall costs for MEL and staff time).

The MEL requirements for your project are:

- 3 learning sessions with your thematic group
  - Session 1: co-design the MEL for your project, including agreeing the outcomes you will focus on and agreeing appropriate data collection methods for your young people
  - Session 2: to discuss learnings with other members, LY Sports team, and external partners with expertise in the field
  - Session 3: final reflective session to discuss challenges, successes, failures, and learnings from your project
- Basic demographics of young people via reporting tool
- Standardised point in time or reflective endpoint surveys

The eligibility requirements to receive this grant:

- You must be a current member on our Getting Active programme for 2021-2022 (and have successfully met DD requirements)
- Delivery of your project must be completed by end of May 2022, with all MEL requirements completed and returned by mid-June 2022
- A commitment to three learning sessions with your thematic group throughout the course of the project

## **Application Process**

Applications are now open and can be completed [HERE](#).

Applications will close Friday, November 19<sup>th</sup>, 2021. Decisions will be communicated to all applicants November, 29<sup>th</sup>, 2021.

**FAQs – please reach out to us at [sports@londonyouth.org](mailto:sports@londonyouth.org) if you have any more**

### **What is Sport for Development?**

The term Sport for Development is sometimes used to refer to different kinds of work, for our own work London Youth defines Sport for Development programmes as programmes that intentionally use sports as a hook for additional activities to achieve positive development outcomes for young people.

### **Is there a certain number of young people my project needs to reach?**

No – because the focus of this grant is on learning and outcomes as opposed to outputs, it's more important that you can demonstrate the 'why' of your work as opposed to reaching x number of young people

### **Does my project have to include physical activity?**

Yes – while your project must use physical activity as a hook for other activities, it doesn't have to be traditional or organised sports. Anything that gets young people moving and more active counts as physical activity

**Can I apply for funding in more than one thematic area?**

Yes - you are welcome to apply for more than one thematic area, however we will only fund you for one theme

**Can my project work across more than one thematic area?**

While we completely understand that many of these thematic areas overlap, because of the time scale of the project we ask that you please focus your project on one thematic area – we welcome reflections of how your project has

**Can we partner with another youth organisation to deliver this programme?**

Yes - you are welcome to work with another organisation, but we will only be able to offer you up to £3k of funding

**Can I connect this to a programme we are already running, including match fund?**

Yes – you are welcome to build this into a project you are already running, including the Getting Active programme or other London Youth programmes

**What can the budget be spent on and more importantly what can't it be spent on?**

Your budget can be spent on anything related to your project delivery – because the grant is learning focused, you are encouraged to spend a portion of your budget on administrative/staff time so that you can meet the MEL requirements and have time to reflect on your own learnings from your project

**Can we take a hybrid approach to programme delivery (on and offline)?**

Yes – as long as you can demonstrate why you have chosen a hybrid approach and how you aim to achieve the intended outcomes, you are welcome to utilise a hybrid approach

**Who attends the share and learn sessions, and how long will they be? Does the same person need to attend all 3 sessions?**

The share and learn sessions will be 1.5 hours long – as a minimum, the same staff member who is delivering the sessions should attend all 3 share and learn sessions, but if you would like to have someone else from your organisation such as your development/learning staff attend you are welcome to have more than 1 staff member attend

**If you would like to discuss your idea, feel free to get in touch at [sports@londonyouth.org](mailto:sports@londonyouth.org)**