

Rise up:

Youth Practitioners Leadership Programme



Rise Up

Rise Up is a free, innovative leadership programme for frontline youth practitioners working with young people vulnerable to violence.

Funded by the Mayor of **London's Violence Reduction Unit** [↗](#), Rise Up is a partnership between **London Youth** [↗](#), **Leap Confronting Conflict** [↗](#) and **Clore Social Leadership** [↗](#) to invest in the next generation of youth sector leaders.

Rise Up is an intensive programme requiring participants to attend two online sessions per week for six months.



spaces for youth practitioners



training modules delivered by experts in their field




Mentoring and coaching from sector leaders




Networking through online social events

Interested?

Here's how you can get involved:

 **Join a Zoom drop-in session running every Friday at 2pm** [↗](#)

 **Apply online** [↗](#) or **book a phone appointment** [↗](#)

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Overview of the Programme

Are you

- a youth practitioner with frontline, community youth work experience, who hasn't professionally invested in yourself?
- looking for opportunities to develop your youth work practice through specialist training to help you better support young people affected by violence?
- someone who has lived experience that helps you understand the issues affecting the young people you work with?

If this sounds like you, we want you to be part of Rise Up

Rise Up is an **aspirational leadership development programme** for those who are currently not currently working in formal leadership/management level positions or haven't considered leadership positions before. This six month programme will take you through intensive training, mentoring and leadership development to enhance your youth work practice and prime you for future leadership positions.

The end result? You'll become one of a new wave of youth sector leaders on Rise Up, you'll be connected to other like-minded people committed to tackling the root causes of violence in London and improving the lives of young people across the city.

Rise Up is not a degree qualification, nor is it writing or theory based. We have designed the programme to be practical, non-academic and immediately applicable to your current work.

However, Rise Up is an intensive course consisting of at least **two training sessions per week for six months, totalling around 4 - 6 hours a week**. We will support you throughout the journey, but much personal commitment will be required. In return you'll benefit from the hugely rewarding and varied programme content and one-to-one support that will help you develop your youth sector career.

We are now seeking high-potential youth practitioners in London to join a network of 100 participants taking part in Rise Up this year. **Read on to find out more →**



Why Rise Up?

Inequality and violence impact the lives of too many young Londoners.

The recent **Youth Violence Commission Final Report** [↗](#) highlights poverty and inequality as key drivers of serious violence. In addition, issues such as insecure housing, unemployment, mental ill health and racism have been intensified by COVID-19, affecting our communities.

Youth work has never been more important

High quality youth work is critical to tackling these issues head-on and this programme is key to making this happen. It's a critical piece of a wider effort by the **London Violence Reduction Unit** [↗](#) to use a **public health approach** [↗](#) to address these problems.

You can be the change

This programme seeks to empower individuals who have strong links within the communities you serve, by giving you added capacity, expertise, and confidence to lead future change.

Rise Up is:



Aspirational, acknowledging youth sector leaders are knowledgeable and trusted representatives of the communities they serve.



Accessible, aimed at youth practitioners who have not been able to formalise their experience through qualifications, and have lived experience of the very challenges and barriers affecting young people most at risk of violence.



What will I be doing?

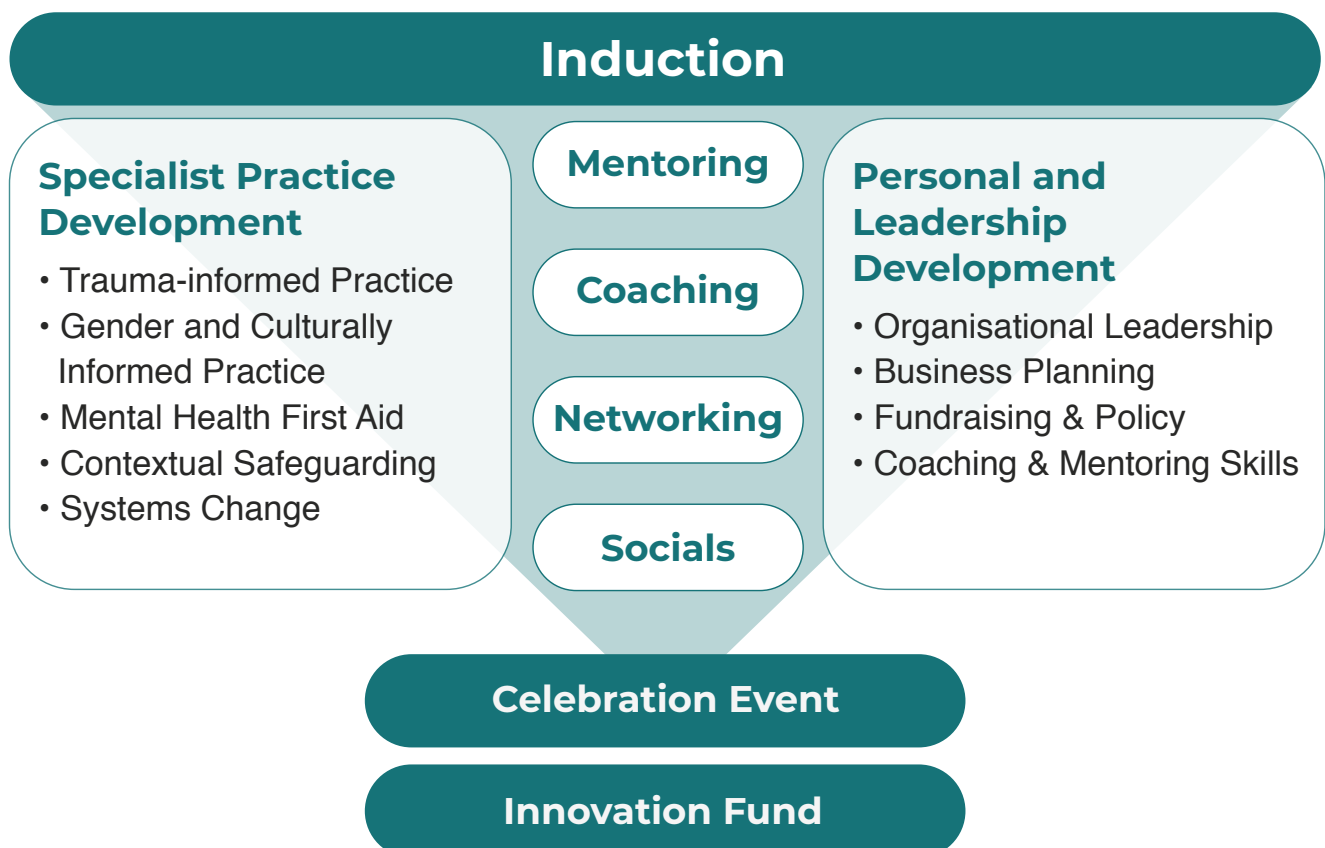
Rise Up is a professional leadership programme, linking training and personal development modules together to create an interactive, intensive and rewarding six-month programme for frontline youth practitioners.

We focus on **specialist practice development** alongside a wide range of activities designed to boost your personal qualities and develop your leadership potential.

On Rise Up you'll engage with **expert trainers** in areas such as trauma-informed practice, mental health, contextual safeguarding and systems change. These will inform, inspire and encourage you to move forward in your youth work career and challenge your current practices.

You'll also benefit from **coaching and mentoring sessions** with established sector leaders and influencers. You'll develop your network and work alongside other like-minded youth practitioners, inspiring you to work collaboratively with others and take your place as a future sector leader.

You'll be encouraged to reflect on, and learn from, your experiences on a regular basis. And you'll have the chance to **apply for further funding** once you've finished to turn your learning into practical action.



What will I gain?

We know that one-day workshops can be useful, but there isn't always the opportunity to embed this into our work.



Benefits include:

- ✚ **26 high quality training modules delivered by experts in areas such as:**
 - ▷ Trauma Informed Practice
 - ▷ Gender and Culturally Sensitive Practice
 - ▷ Contextual Safeguarding
 - ▷ Mental Health First Aid
- 🗨 **One-to-one Mentoring from senior and influential sector leaders** giving an opportunity to talk about your career and your experiences
- 🎯 **Coaching to explore your goals, aspirations and specific issues arising at work in depth**
 - ▷ Joining a cohort of like-minded practitioners with lived experience and who represent the young people who are affected or vulnerable to violence
- 🔗 **You'll also get:**
 - ▷ Access to an innovation fund to use on community-based initiatives
 - ▷ A kick-start to your career as a youth sector leader

Is Rise Up for me?

An effective youth sector response to violence needs its leaders to reflect the young people it works with. This starts with you.

Do you work or volunteer in a **Youth Centre, YOT, PRU, Secure Estate, Detached team** or another informal education role? If so, Rise Up will develop your youth work practice and leadership potential.

Rise Up is designed to be **accessible, interactive and engaging**. If you haven't had the best experience with education but are motivated to build your knowledge and skills, we want you to apply.

You must be **committed to your professional development**. Our diverse range of expert trainers and mentors, sourced from leading organisations in the youth sector and beyond, will support you through your journey.

If you face barriers to taking part, such as caring commitments, getting time off work or access to technology, **we can provide practical support and an access fund** to make the programme work for you.

To take part you **must**...

- ✓ Have a passion for improving the lives of young people
- ✓ Have experience of working with young people from disadvantaged backgrounds
- ✓ Be committed to personal and professional development
- ✓ Be committed to youth work as a long-term career
- ✓ Be able to evidence long-term commitment
- ✓ Have knowledge of the factors affecting young people at risk of violence
- ✓ **Not** have a JNC in youth work (at degree level)

We are **particularly looking for** candidates who...

- ✓ Have lived experience of violence and/or other factors affecting young people at risk of violence
- ✓ Have not progressed into formal leadership positions
- ✓ Work or volunteer with young people affected by violence
- ✓ Can adopt a youth-centred approach
- ✓ Have not accessed formal training opportunities in the past

How do I apply?

☰ Ensure you've read and understood all the information in this pack

📄 Written **application form** [↗](#)

☎ Phone call application: make an appointment by emailing **riseup@londonyouth.org** [↗](#)

📺 Via digital platforms (eg Zoom, Teams, Skype, WhatsApp): make an appointment by emailing **riseup@londonyouth.org** [↗](#)

😊 We're open to receiving applications in other creative ways such as a recorded video but please read the **Application Questions** [↗](#) before doing this.

Key dates

Applications open:	Drop-in sessions:	Applications close:	Notified of the outcome:
9th November	Every Friday 2-3pm starting 13th November until the deadline	11pm on Sunday 6th December	by Friday 18th December

Next steps

We will be accepting applications through the **Application Form** [↗](#), phone calls or through video link. We will also be running informal **drop-in sessions on Zoom** [↗](#) every Friday at 2-3pm for you to ask questions about the programme.

We will have four cohorts running between September 2020 and August 2021. The first cohort will run from September 2020 to March 2021 and will begin as an online only programme.

Cohorts 2, 3 and 4 will begin in January, February and March 2021 respectively. The programme will be delivered online for Cohorts 2 and 3. For cohort 4, we are aiming to deliver some elements of the programme face to face, depending on Government guidance in place closer to the time. We will ask you about any childcare or digital barriers on the application form in order to help us allocate you to a suitable cohort.

How can I get more information?

- 📱 Talk to us at our **drop-in sessions** ↗ every Friday at 2pm to discuss the programme and ask questions
- 📖 Read our **FAQs** ↗
- 👉 Request a callback by emailing **riseup@londonyouth.org** ↗



Rise Up is funded by the Mayor of London's Violence Reduction Unit (VRU) ↗ and delivered by London Youth ↗ in partnership with Leap Confronting Conflict ↗ and Clore Social Leadership ↗.



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