

Thanks to support from [Sport England](#), the [London Marathon Charitable Trust](#) and the [John Lyons Charity](#), we will be supporting London Youth members to access funding and guidance to deliver 30 week sport and physical activity programmes. Specifically, the focus is on what experiences and outcomes your young people need, and how together we can offer enjoyable and safe opportunities between now and August 2021.

Getting Active – what is it?

How and what you deliver is something we want you and your young people to tell us. There are a few key areas though that we are looking for London Youth members to respond to:

1. Focus on young people predominantly aged 8 – 13.
2. Specifically, those that are inactive and/or less active, including those that face the most barriers to participation (Lower Socio-Economic Groups, Black Asian Minority Ethnic Communities, Girls and Young Women, Disabled Young People, LGBTQ+)
3. Deliver a 30 week, minimum 1 x hour per week programme completing by August 2021
4. Delivery focus is in-person

Getting Active – what you can access to make this happen

Per London Youth member:

- £1400.00 to deliver your 30 week, minimum 1 x hour per week sport and physical activity programme (in person). This could cover (but not limited to) staff time, facilities, purchase/hire of equipment, training for staff and any Covid-19 related products
- £100.00 admin fee for project M+E
- Regular and on-going support from a dedicated member of our Sports Development Team
- Access to additional opportunities and training to benefit your organisation

Getting Active – what is expected from you in return

Per London Youth member:

- To aim to reach 25 unique participants during the course of your programme delivery (we are aware that numbers may be lower due to current COVID-19 restrictions and will support members to achieve what is safely possible)
- To work within the relevant COVID-19 guidelines that your organisation has adopted (e.g – National Youth Agency / Sport England and, or your sport's National Governing Body / Your Local Authority).
- To return the programme registers on a quarterly basis - December 20, March 21, June 21 and August 21.
- To help measure the impact of the programme, including baseline/end point programme surveys
- To provide the relevant Due Diligence documents (following your proposal being accepted)

Getting Active – Due Diligence

Per London Youth member:

- Provide copies of your Safeguarding policy, most recent bank statement, Public Liability Insurance and COVID-19 adapted risk assessment
- Confirm you have the following; Health & Safety policy, GDPR/Data Protection policy and Equal opportunities policy
- Confirm staff are DBS enhanced checked and have received safeguarding training
- Confirm some other basic organisation details (Charity Registration Number, Number of Trustee's, Number of Signatories for cheques and date of last formal accounts submission to Companies House
- Due Diligence form can be found here - <https://londonyouth.org/due-diligence/>

Getting Active – COVID-19 Resources to support you

- National Youth Agency guidance - <https://nya.org.uk/guidance/>
- The Mayors Office Socially Distanced Sport Toolkit - <https://www.london.gov.uk/file/51938823>
- Sport England's Return to Play Guidance - <https://www.sportengland.org/how-we-can-help/coronavirus/return-play>
- FREE CIMPSA RE-Activate Training for staff, volunteers and young leaders - <https://cimspa-reactivate.uk/reactivatetrain>